



July 29, 2016

West Virginia Attorney General
1900 Kanawha Blvd E.
State Capitol Building 1, Room 26-E
Charleston, WV 25305

Dear Attorney General

It is no secret that prescription opioid abuse is an epidemic in West Virginia as well as the rest of the country. While many assume that people obtain drugs through illegal means, the fact is that far too many of our citizens' lives are being destroyed by receiving opioids legally.

That's why we applaud efforts to bring new solutions to this problem, such as the West Virginia Attorney General's draft best practice initiative.

The International Association of Yoga Therapists promotes high standards for education and practice of yoga therapy. There is growing evidence that skillful yoga teaching and practice can be an effective method to manage pain.

The International Yoga Therapists Association is proud to endorse the West Virginia Attorney General's effort to promote best practices, including yoga, and we encourage all stakeholders who take the opioid crisis seriously to do the same.

Sincerely

John Kepner
Executive Director