### Safe Storage Tips:

- Inventory all the medications you have on at least a yearly basis.
- Verify that medications have not expired.
- Keep medications in their original container.
- Do not store medications in areas that are hot and humid.
- Select child-resistant packaging for prescriptions and over-the-counter drugs.
- Try to find an area in your home to lock up all your medications.

#### Consumer Protection Hotline: (800) 368-8808  
www.wvago.gov
Safe Disposal Tips:

- If disposal instructions are given on the label or medication information, then follow those instructions.
- If the medication does not contain disposal instructions, follow these steps:
  1. Remove medication from its original container.
     Destroy the label by removing it or covering personal information.
  2. Make medications unappealing by mixing them with an unattractive substance like coffee grounds or kitty litter.
  3. Seal the container.
     Place the mixture inside a sealed bag, empty can, or other container.
  4. Throw out the container in your trash the day your garbage is collected.

Remember:
Take advantage of prescription drug take-back programs in your area!

Consumer Protection Hotline: (800) 368-8808
www.wvago.gov